



Liver Detox Juice

This recipe could not be easier - combine all of the following in your juicer:

The Ingredients

- 1 beet
- 4 celery stalks
- 1 lemon
- about 1 inch of turmeric
- about 1 inch of ginger
- a bunch of parsley
- a bunch of dandelion leaves
- 1 apple

The Directions

Pour into a glass and ENJOY!