

I detest all the "antibacterial" products that you can buy at the drugstore because most of them contain. chemicals, which are harmful to our body, and the environment. It's so very easy to make your own, and by doing this you get to save a lot of money.

## The Ingredients

**Body Wash** 

- 1 16 -ounce bottle of unscented liquid castile soap
- 20 drops of tea tree essential oil, and then choose to add either 10 drops of eucalyptus essential oil or lavender essential oil
- 1 tsp of jojoba oil

## The Directions

You can either add the oils directly to the castille soap bottle, and shake well. Or you can buy a pretty dispenser and transfer from the castille soap bottle. Simply keep it in your shower and shake well before each use.